

Support When It Matters (SWIM)

Winter Resilience Support Service

01 December 2021 – 30 April 2022

Our aim is to reduce demand on Primary and Secondary Care Services during what is expected to be an extremely challenging winter, due to the impact of the pandemic.

SWIM offers support to people (40+) of African, Caribbean and Dual Heritage (AC&DH) to maintain their well-being in their community.

A SWIM Welfare Officer will be assigned to each client to deliver 1-2-1 support through referrals to SWIM's Winter Resilience Support Service.

Contact SWIM today to make a referral:

Email: angeline.c@swimenterprises.com

Tel: 07862 071008

Email: ruqqaiyah.a@swimenterprises.com

Tel: 07737 166064



www.swimenterprises.com

WHO IS THE SERVICE FOR?

- People of African, Caribbean and Dual Heritage (AC&DH) who are 40 years and older and are resident in City and Hackney.
- People living with dual diagnosis, complex needs, long-term health conditions and risk of crisis/ hospital admission.
- Those living with the effects of long covid or have anxieties related to the Covid 19 pandemic and vaccination.

WHAT SUPPORT CAN WE PROVIDE?

- We provide a recovery and support service to address issues around health and well being.
- We offer support to lower levels of anxiety around other social issues.
- We provide assistance with communicating with other social care agencies in City and Hackney.