Minutes : Rosewood Practice Patient Participation Group

Date: Meeting on Monday 7th August 2017

Present: NH GP, SS Practice Manager, SK Deputy Manager

PPG Members: BJ

Apologies: JG, FOA and MA

SK Opened the meeting by welcoming everyone and thanking them for coming to the Practice PPG meeting also offering apologies on behalf of JG, FOA and MA.

**Commisioning update**

**Dr Hadid informed everyone that NHS is over stretched and there is talk about NHS having no money and they are in deficit. Hospitals may merge together to save money we are also trying to save money by avoiding prescribing medications that patients can buy over the counter i.e. Paracetamol. Gaviscon, dental products and emollients. We are trying to promote pharmacy first voucher scheme where by patients can go to their local pharmacies for minor ailments.**

**There is talk about GP surgeries having to open 8am to 8pm seven days a week.**

**Shortage of vaccinations**

**Dr Hadid mentioned there is a shortage of travel vaccinations Hep A adults and junior. This information will be published on the website advising patients to call the practice to find out the availability of the vaccinations before booking an appointment. Patients are being advised to take precautions with food and water when they travel to high risk areas of Hepatitis A as we may not be able to offer this vaccine.**

**CQC visit update**

**Dr Hadid informed PPG member that we will be having our CQC visit soon. We will have two weeks’ notice before the inspection so we will inform all members of the PPG as soon as we receive notification of the visit and request them to be present on the day of inspection.**

**LTC Diabetic target changes**

**We have a large population of diabetic patients and it is now a requirement that at least 43% of this population should meet all 3 targets of Cholesterol less than 5, HbA1c less than 7.5% and BP of 140/80. This will be a very challenging target to meet but our practice is working very hard not only to meet the minimum target but to achieve a much higher target.**

**AOB**

**BJ informed us that she had attended the improving patient experience workshop held on 25.07.17 which she found very interesting. There was a discussion about Falls (falls prevention), and availability of exercise classes to improve mobility. Advice was also given about wearing proper foot wear also risk assessment in the house for prevention of falls is trip hazards.**

**There was discussion about Rheumatology (Arthritis & related conditions), advice was given about pain management through alternative ways eg Pain clinic at Homerton Hospital through GP referral. Patients can self-help i.e. rubs, Tens machine, acupunture, gentle exercise, use of rose hip and cod liver oil capsules, also through diet ie avoiding acidic foods eg tomatoes and oranges.**